



City of Coventry Swimming Club
Affiliated to Swim England West Midland Region

Duel in the Pool

(Under Swim England Laws and Technical Rules)

Sunday 13th April 2025 - Alan Higgs Centre - Warm up not before 3:00pm

**Open to Foundation, Development, AGPro, YM, AGC and AGD
 Academy swimmers may enter if at the entry they have completed an Inter
 House Sprint Night**

Age as at 31st December 2025

Latest Date to enter April 4th 2025

A Secondary Strobe Light will be available if required.

The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.

Cost of Entry: £2 per event (includes spectator admission). If sufficient officials/timekeepers have volunteered to help by March 28th, application for a L4 licence will be made.

Training is cancelled on the afternoon of April 13th. The swimmer's squad for entry is the squad in which they are in when the meet opens to entry ie March 7th 2025

Squad	Swimmer may ONLY enter
Academy	50m Free Mandatory
	50m Fly
Foundation	100m IM Mandatory
	50m Breast
Development	200m Free Mandatory
	100m Breast
AGC/AGD	400m Free Mandatory
	200m IM
YM/AGPro	100m IM Mandatory
	50m Fly



Entry is by SCM invitation. Entry times will be taken from times recorded in SwimClub Manager. If you do not have a time recorded please enter the Default Time in the table below. This will help us with understanding the gala timings. The last date to enter is April 4th.

Once entered, if you are not able to swim, then please email julia.betteley@coventry-swimming.org.uk before the April 4th to withdraw your entry. You will not then be charged.

On April 4th the invoices will be issued and payment is then required. Refunds on production of a medical note will be provided but not for any other reason.

Programme of Events:

Event	Default Time
1. Female 400m Free (AGC/AGD)	06:00.00
2. Open/Male 400m Free (AGC/AGD)	06:00.00
3. Female 50m Free (Academy)	01:00.00
4. Open/Male 50m Free (Academy)	01:00.00
5. Open/Male 100m IM (Foundation/AGPro/YM)	02:00.00
6. Female 100m IM (Foundation/AGPro/YM)	02:00.00
7. Female 200m Free (Dev)	03:00.00
8. Open/Male 200m Free (Dev)	03:00.00
9. Female 200m IM (AGC/AGD)	04:00.00
10. Open/Male 200m IM (AGC/AGD)	04:00.00
11. Female 50m Breast (Foundation/)	01:00.00
12. Open/Male 50m Breast (Foundation)	01:00.00
13. Female 50m Fly (Academy/AGPro/YM)	01:00.00
14. Open/Male 50m Fly (Academy/AGPro/YM)	01:00.00
15. Female 100m Breast (Dev)	02:30.00
16. Open/Male 100m Breast (Dev)	02:30.00

Once the entry has closed a list of Accepted entries will be produced which must be checked and any errors/omissions must be advised asap to [Julia.betteley@coventry-swimming.org.uk](mailto:julia.betteley@coventry-swimming.org.uk)



No changes will be made on the day of competition